

Nottingham Regional Anaesthesia for Trauma course

DREAM, A-Floor, Queens Medical Centre, Nottingham, NG7 2UH

Time	Session
08.30-09.30	Registration
09.00-09.15	Introduction & Course Overview
09.15-10.30	Upper Limb Blocks (skill station) Life Demonstration 15 minutes Hands-on Practice 60 minutes
10.30-10.45	BREAK
10.45-12.00	Lower limb blocks (skill station) Life Demonstration 15 minutes Hands-on Practice 60 minutes
12.00-12.30	Compartment & Q and A for the morning session
12.30-13.15	LUNCH
13.15-13.45	Analgesia for chest wall trauma, regional block alternatives, and challenges
13.45-15.15	Chest wall blocks (skill station) Posterior blocks: PV/ESP/Neuraxial 45 minutes Anterior blocks: Serratus Plane, Parasternal blocks 45 minutes
15.15-15.30	BREAK
15.30-17.00	(skill station) Nerve & Fascial plane catheter insertion practice on animal models: SAP, ESP, FNB Needling practices on blue phantom gel
17.00-17.15	Close