

# **Nottingham Regional Blocks and Sedation Course** for Emergency Medicine Trainees Friday 25<sup>th</sup> March 2022 DREEAM, A floor, Queens Medical Centre Nottingham, NG7 2UH

Time	Session	Facilitator
08.00-08.30	Registration	
08.30-09.00	Welcome & Introduction	Dr Amr Hassan Dr Asif Malik
09.00-10.30	<ul> <li>Sedation in ED</li> <li>Drug choice</li> <li>When and How to Do It</li> <li>Management of Complications</li> </ul>	Dr Asif Malik
10.30-10.45	BREAK	
10.45-11.15	Introduction to Ultrasound Guided Regional Blocks	
11.15-12.00	Needling practice (skills station)	Faculty
12.00-12.30	Local anaesthetics  • Drug choice/Dose/Toxicity	
12.30-13.15	LUNCH	
13.15-14.15	<ul> <li>Upper Limb Blocks</li> <li>Axillary</li> <li>Median, Ulnar and radial nerve blocks</li> </ul>	Faculty
14.15-15.30	<ul> <li>Lower Limb Blocks (skills station)</li> <li>Femoral &amp; Fascia Iliaca blocks</li> <li>Popliteal Fossa</li> <li>Ankle</li> </ul>	Faculty
15.30-15.45	BREAK	
15.45-16.15	Chest wall blocks (skills station)  ● Erector Spinae Plane (ESP) block	Faculty
16.15-16.45	Open session (skills station)  Other nerve blocks free hand practice Q&A	Faculty
16.45-17.00	Closing	

# **Faculty**

# **Dr Nigel Bedforth**

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

## **Dr Asif Malik**

Consultant Emergency Medicine; Nottingham University Hospitals NHS Trust

## **Dr James French**

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

#### **Dr David Hewson**

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

# **Dr Paul Townsley**

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

#### **Dr Vishal Thanawala**

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

# Dr Vijayendra chikkabbaiah

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

### **Dr Delme Luff**

Consultant Anaesthetist; Nottingham University Hospitals NHS Trust

# **Dr Nitin Sadavarte**

Regional Anaesthesia Fellow, Nottingham University Hospitals NHS Trust

# **Course director**

#### Dr Amr Hassan

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